

THREAD 4
SCRIPTS

- I've noticed...
- I need you to... 2 minutes
- Remember when... thank you for listening

It is 'week 1' on our dinner menu next week.

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23rd February 2024

Parent's Evening is on Tuesday 12th March 3:30-6:30pm – appointment only.

Dear Parents / Carers,

Welcome back to another short ½ term. Even though this week it has rained and rained, it has been lovely to see the days starting to get longer and it not feel so dark – summer will soon be here! Thank you to our parents who attended the 'sleep workshop' with Mrs Heaton and the School Nursing Service, we hope that you found it useful. Our next parent workshops are for Y1 and Y2 parents – phonics in Y1 (due to the phonics check) and Maths in Y2.

Just a reminder that when dropping off / collecting your children, please be considerate and avoid blocking resident's driveways or garages – we are one community, and we need to be respectful of our neighbours.

Congratulations to our Stars of the Week

Class 1	Amelia G
Class 2	Mannat W
Class 3	Zayaan H
Class 4	David O
Class 5	Aarav K
Class 6	Khejah F
Class 7	Esraye R
Class 8	Lewie J
Class 9	Khaleefa O
Class 10	Oliver F
Class 11	Lacey H
Class 12	Tami B
Class 13	Mahmood K
Class 14	Ria V

Thread 4 is our Spring 2 focus in school – Scripts

Do you spend time negotiating with your child to do the right thing or do you use bribery to get your child to do the right thing?

There is an alternative.....why not try scripts? Scripts are helpful sentence starters that promote positive behaviour and teach our children how to behave.

Here at Eastfield, we use routines and scripts for everything!

<https://www.whentheparentschange.com/scripts>

Develop your Scripts

We know that words matter but staying calm when behaviour is wobbly and emotions are high can be really difficult. It is often the words that feel counterintuitive in those moments that are the words we most need to use. Having a plan for what to say when things are difficult will help us avoid saying things that we might regret. Using language that is clear, calm and predictable will help us protect the relationship we have with our children and nurture their wellbeing. Even when things get tough.

Scripts are helpful sentence starters that will ensure we model positive behaviour and teach our children how to behave simultaneously.

Some of our favourite bits of scripts include:

- I've noticed that...
- Remember our rule about...
- I need you to...
- I understand and yet...
- This is how we do it here
- Love that! (and walk away)

You can start today with one or two scripts and build upon them over time.



Dates for your diary

Tuesday 5th March 2:45pm - Y1 parents phonics workshop (learning to read)

Thursday 7th March World Book Day 'Mr Men and Little Miss' characters – letter has been sent via SIMs app / email.

Friday 8th March 9am – Y2 Parents / Children Maths together!

Tuesday 12th March Parents Evening 3:30-6:30 (appointment only – letter to follow on Monday)

Friday 15th March Class 8 assembly 9:30am

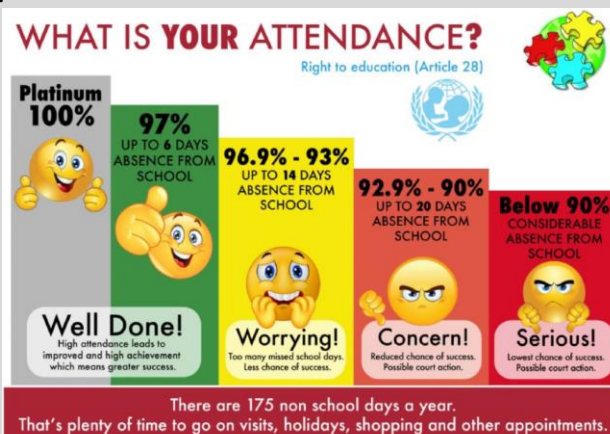
Tuesday 19th March 10:45am Lower Phase Easter Concert at St Matthews Church (Class 5,6,7,8)

Break up for Easter **Friday 22nd March.**

School Attendance

We are seeing an increasing number of children attending appointments during the school day – wherever possible please make routine dentist, doctor, and optician appointments for after school or during the holidays.

If an appointment is unavoidable or an emergency, then please ensure that your child attends school before and after the appointment so that they do not miss learning time.



Have a lovely weekend,
Mrs Hay