

Eastfield Primary School
 Colliery Road
 Wolverhampton WV1 2QY
 Email: office@eastfieldpri.co.uk
 6th October 2023

Dear Parents / Carers,

Congratulations to our school councillors for this year - Ria V, Riley CL, Salah O, Dominika A, Randy JI, Charleigh W, Rohwun G and Isla W. Mrs Reynolds and the new school council held their 1st school council meeting of the year on Monday, and their 1st campaign is #HelloYellow - Mental Health Day. School Council will be meeting on the 1st Monday of every month and already have lots of ideas and plans.

On Tuesday, it is World Mental Health Day and we would like everyone to come to school wearing yellow.

This year, the theme is 'mental health is a universal human right.' World Mental Health Day is about raising awareness of mental health and driving positive change for everyone's mental health. It's also a chance to **talk about mental health**, how we need to look after it, and how important it is to get help if you are struggling.

Congratulations to our Stars of the Week

Early Phase Classroom	Olivia L
Class 1	Nihit M
Class 2	Ava R
Class 3	Armani D
Class 4	Igor O
Class 5	Lorena-Rose P
Class 6	Jemuel K
Class 7	Samanta V
Class 8	Ethan H
Class 9	Isabella T
Class 10	Dexsta CM
Class 11	Dominika A
Class 12	Kajetan S
Class 13	Natalie C
Class 14	Aurora M

Dates for your diary this ½ term:

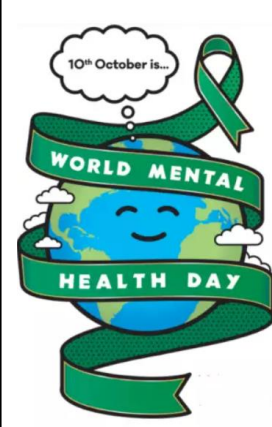
Monday 9th – 13th October - Y6 Residential PGL at Liddington, Swindon

Tuesday 10th October - **#HelloYellow** – come to school wearing yellow to support World Mental Health Day

Wednesday 11th October – School Nurse drop-in session 9am (come along if you have any health concerns about your child)

Friday 20th October – School photos

HALF TERM 30th October – 3rd November (school closed)



THREAD 1
3 STEP ROUTING

- Meet and Greet
- Zones of Regulation Check in
- Straight into tasks

WHEN THE ADULTS CHANGE



Next week is 'Week 3' on our school dinner menu. Please discuss your child's menu choices each morning before school.

#HelloYellow - please come to school wearing yellow on Tuesday. If you wish to donate, then here is our Just Giving page https://www.justgiving.com/page/eastfieldsaysyestosupportingmentalhealth?utm_medium=fundraising&utm_content=page%2Feastfieldsaysyestosupportingmentalhealth&utm_source=copyLink&utm_campaign=pfp-share

WEEK 3 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli con Carne	Jacket Potatoes with Various Fillings	Traditional Roast Dinner with Trimmings	Pizza Pasta V & Garlic Slice	Breaded Fish & Chips
Mexican Enchiladas V	Beans, Cheese, or Tuna Mayo	Quorn Roast Dinner with Trimmings V	Macaroni Cheese & Garlic Slice V	Quorn Nuggets VE & Chips
Savoury Rice		Roast & Boiled Potatoes	Jacket Wedges	Bread & Butter
Baby Sweetcorn Tomato Salsa Lemon Drizzle Traybake	Coleslaw Mixed Salad Rainbow Jelly	Carrots Broccoli Chocolate & Lime Cake & Custard	Mixed Salad Sweetcorn Chocolate Arctic Slice	Peas Baked Beans Fruity Mousse

Are you worried about your child's health? If yes, why not drop in to see our school nurses on Wednesday next week.

mo-19 The Royal Wolverhampton NHS Trust

Drop-ins with Your School Nursing Team

Names: Teresa Stokes and Donna Keates

Location: Eastfield Primary School

Time: Wednesday 11th October 2023 @ 9am until 9.30am

We're here for you if you have any worries about your health and wellbeing, need some advice or just want to chat. You can also contact us through our ChatHealth text messaging service.

Your School Nursing Service
Someone you know and can trust...

Your School Nursing Service can work both in and out of school to help provide or find information about:

- Emotional health & wellbeing
- Sexual Health
- Healthy lifestyles
- Relationships and friendships
- Special Educational Needs and Disabilities
- Drugs and alcohol
- Safeguarding
- Dental Health

JustGiving

£10 raised of £100 target by 2 supporters

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Eastfield Primary School

#HelloYellow 2023

I'm saying yes to yellow this World Mental Health Day and raising vital funds for YoungMinds.

Thank you for your support, as always.
 Mrs Hay

