

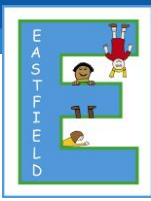
Intent, Implementation and Impact of PSHE

Intent

At Eastfield Primary School, we feel PSHE (personal, social and health education) and SEAL (social and emotional aspects of learning) are the foundations for our children's learning so all classes have opportunities for meet and greet, check ins, circle time and class assemblies as well as discrete PSHE lessons. PSHE enables our children to become healthy (physically and mentally), independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities to learn about rights and responsibilities, RSE, Drugs Education, E-Safety and Citizenship and make links to British Values to appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. Particular attention is given to the school's six core values (Pride, Opportunity, Care, Diversity, Respect and Resilience) and developing pupil's self-esteem and their social and personal skills e.g. table manners, holding doors open, being polite etc. We explore behaviour choices through circle time, restorative justice, emotion coaching and SEAL techniques with a 'you're better than this attitude.' It is our intent to make PSHE accessible to all pupils through a curriculum which promotes the spiritual, moral, cultural, mental and physical development of pupils to prepare them for opportunities, responsibilities and experiences in later life. As a result of our PSHE curriculum we intend for our children to know how to be safe and to understand and develop healthy relationships both now and in their future lives.

Implementation

The PSHE curriculum, delivered during a lesson per week, focuses on three core learning themes: Relationships, Health and Well-being and Living in the Wider World. Cross-curricular links are then made to other National Curriculum subjects, such as science, PE, computing and RE as well as British Values and SMSC. Each class has a timetabled lesson/class assembly/circle-time linked to



SEAL. In the Early Years Foundation Stage, PSHE is taught through the prime areas of learning referred to as personal, social and emotional development (PSED) and Physical Development (PD). We follow the Development Matters Early Years Curriculum which supports children in acquiring a succession of stepping stones that will enable them to achieve their Early Learning Goals in the following aspects: making relationships, self-confidence and self-awareness, managing feelings and behaviour and health and self-care. Y1 – Y6 also have another allocated time on their timetable to cover other areas in the PSHE curriculum e.g. SRE, Drugs education etc. Phase assemblies also regularly carry a PSHE theme.

Impact

The effective teaching of PSHE will impact upon the pupils in the following ways:

- They will develop positive and healthy relationships with others both now and in the future.
- They will be aware of ways to keep physically, mentally and emotionally safe.
- They will understand the physical aspects involved in RSE at an age appropriate level.
- They will have respect for themselves and others.
- They will have positive body images.
- They will understand a range of emotions and how to deal with them.
- They will develop self-confidence and self-esteem.
- They will be thoughtful and responsible members of their community and their school.
- They will become active members of our democratic society.

