



AFTER SCHOOL

There should be **no-one** climbing or playing on the school play equipment after school. Please **DO NOT** allow your child / children to go on the climbing frame, slide, tower etc.



**NO PLAYING
OR CLIMBING**

Eastfield Primary School
Colliery Road
Wolverhampton WV1 2QY
Email: office@eastfieldpri.co.uk
17th June 2022

Dear Parents / Carers,

What a beautiful week we have had in school, everything feels better with a bit of sunshine! Thank you for sending your children into school with sun hats / caps and thank you for applying sun cream before school. We are very fortunate to have extensive school grounds, which allow our children to learn and play outside and also provide us with shade. Fingers crossed, the weather lasts!

In last week's letter, I mentioned Reflexions and how we were hoping to run some parent workshops. I am really pleased to tell you that our 1st parent workshop will be on 'how to support your child with their well being'. It is on Tuesday 12th July at 9:30am for 1 hour. This is the 1st in a series of workshops that Reflexions will be organising. If you have any questions please phone the office and ask to speak to Mrs Reynolds.

Stars of the week

Congratulations to the following children who were chosen as our 'stars of the week' for this week.



Class 1	Karvyan T
Class 2	Karim T
Class 3	Alessia L
Class 4	Borys U
Class 5	Dexsta-KC-M
Class 6	Stacey O
Class 7	Saifan A
Class 8	Isabel A
Class 9	Ava O'M
Class 10	Sahib B
Class 11	Kashish S
Class 12	Lacey-Leigh J
Class 13	Olivia W
Class 14	Maisie V

School Dinners (Next week) - Week 2 (week beginning 20th June)

Monday - Jacket potatoes, fillings and salad
Tuesday - Cottage pie / veggie cottage pie, broccoli and carrots
Wednesday - Macaroni cheese / pasta bolognaise, salad and garlic bread
Thursday - Beef chilli / veggie chilli, rice and salad
Friday - Fish / fishless, chips and peas
GRAB BAGS (SANDWICHES) ARE AVAILABLE DAILY

EARRINGS / EAR PIERCING

PLEASE AVOID HAVING YOUR CHILD'S EARS PIERCED BEFORE THE END OF TERM, AS THEY WILL THEN MISS OUT ON SPORTS DAYS AND PE LESSONS. If you are thinking about having your child's ears pierced then please do it on Friday 22nd July, as your child will then have a full 6 weeks for their ears to heal. Please also remember to take your child's earrings out on PE days (and on Sports day - Friday 15th July).

WORD OF THE WEEK

This week our word is '**LETHARGIC**'

It is a noun. It means the ability to recover from or adjust easily to misfortune or change, the ability to be happy, successful again after something difficult or bad has happened. It is said that resilience is made up of 5 pillars: self-awareness, mindfulness, self-care, positive relationships, and purpose.

There is also an alternative meaning where it can also refer to the ability to resume shape after being pressed or stretched. Synonyms include: strong, flexible, tough, elastic, buoyant, adaptability,

E.g. The little boy's resilience is admirable; few people could bounce back so quickly after such a tragedy.

E.g. Rubber is remarkable in its resilience.

E.g. Our school value for this 1/2 term is resilience.

Please ask your child about the word 'lethargic' and encourage them to use this word in their everyday talking and their homework.



SAVE THE DATE - Our 1st Reflexions Parent Workshop will be on 'supporting your child with their well-being.' It will be on Tuesday 12th July 9:30-10:30am.

As we move into our final few weeks in school, I would like to remind everyone about our school uniform policy and expectations (as detailed on the school website). Children are expected to attend school in full school uniform including black school shoes, every day until the end of term - thank you for your support with this.

Have a lovely weekend.

Mrs Hay
Head Teacher