

YEAR 6 PE EXPECTATIONS

Games

I can send the ball accurately depending on the opposition.

I can apply tactics of attacking and defending.

Dance

I can create symmetrical and asymmetrical shapes with a partner.

I can critique my own and other's performance using the correct vocabulary.

Gymnastics

I can devise, record and evaluate a sequence with a partner.

I can perform canon, unison and counter balances with a partner.

Athletics

I can use an efficient technique when running as part of a team.

I can run at different tempos depending on the race.

Outdoor

I can use a map to navigate and use the correct vocabulary.

I can fulfill a role within a team.

Swimming

I can swim 25 metres.

I can perform a self rescue.

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