



## What is Restorative Practice?

**A restorative school is one which takes a restorative approach to resolving conflict and preventing harm. It is a process that can help to resolve conflict.**

**Using restorative practice enables those who have been harmed to convey the impact to those responsible, and for those responsible to acknowledge this impact and to take steps to put it right.**

Restorative practice is an approach to behaviour management where shared values, a caring attitude, good relationships, mutual respect and a sense of belonging are key - restorative practice is about empowerment and giving everyone a voice. Restorative practice acknowledges that conflict and behaviours happen and rather than seeking to blame and dispense punishment it seeks to repair the harm by finding acceptable ways to move forward for everyone concerned. It helps to avoid conflicts by investing time in developing, maintaining and repairing relationships.

We feel that conflict resolution is a skill that our children will need throughout their life and we teach the children at Eastfield that every person in our school has a voice and has the right to be listened and heard. We acknowledge that everyone makes mistakes with their behaviour, just as they do with their learning and that we need a chance to learn from these mistakes and put them right.

### There are 4 'Rs' to restorative practice:

Respect - listening to other opinions and learning to value them

Responsibility - taking responsibility for your own actions

Repair - discussing how to repair harm

Re-integration - working through a process that solves the problem but allows children to re-engage with their learning

### At Eastfield we have a set of restorative questions that we use:

1. What happened?
2. What were you thinking about at the time?
3. Who has been affected by your actions?
4. How have they been affected?
5. What needs to be done now to make things right?
6. How can we do things differently in the future?

Restorative practice at Eastfield can take place through: circle time, PSHE lessons, 1-1 conversations, small group conversations, family conversations

Restorative conversations at Eastfield take place between adult to adult, adult to child, child to adult and child to child.

